

MAIN COURSES
New Favourites

Tried Tested & Approved by Some of Our Most Loyal & Regular Clientele

MEDITERRANEAN CHICKEN & PENNE PASTA £12.50

Fresh Breast of Chicken, Sliced, & Pan Cooked in a Fresh Cream & White Wine Sauce with
Fresh Basil, Mushrooms and Sun Dried Tomato, Served Over Penne Pasta
A Deliciously Fragrant & Full Flavoured Sauce

FRESH SALMON, SMOKED SALMON & PRAWN SALAD £10.95

A Fresh Poached Fillet of Salmon with Flakes of Oak Roast Smoked Salmon & Juicy Greenland
Prawns Served on Crisp Mixed Salad Drizzled with Classic French Vinaigrette Dressing

MUSHROOM & SPINACH STROGANOFF (V) £11.50

An Abundance of Fresh Mushrooms, Pan Cooked with Spinach, Onions, Brandy, White Wine, Seasonings,
Fresh Cream & Aromatic Herbs,
Served with Oven Roast Red Pepper & Freshly Cooked Rice

KING PRAWN & CHICKEN COMBO IN BLACK BEAN SAUCE £12.50

Pan Cooked, with Onions & Green Pepper, Strips of Fresh Chicken Breast & Succulent
King Prawns Finished with a Delicious Black Bean Sauce, Served with Fresh Rice
A Tasty & Full Flavoured Classic Chinese Dish

ROAST RUMP OF LAMB, MINI JOINT £15.95

Slow Roast For Tenderness
Served with Potato Crumble Drizzled in Mint Pesto & A Stock Rich Madeira Wine & Redcurrant Sauce

CHICKEN in RED WINE, CRANBERRY & SMOKED BACON SAUCE £12.50

Chargrilled Boneless Breast of Chicken, Served on Potato Mash & Coated with a
Tangy Dark, Red Wine, Cranberry & Smoked Bacon Sauce
A Superb Combination of Tastes

PORK FEAST COMBO £14.95

Prime Boneless Pork Loin Steak, 2 Pork Sausages, Pork Fillet Medallion Escalope, & Gammon Slice
Served with Fresh Pineapple & a Dip of Tangy Texan BBQ Sauce
British Pork at its Best!

CHICKEN, MUSHROOM & TARRAGON STROGANOFF £12.50

Using Fresh Chicken Breast, Sliced & Pan Cooked to Order with Onions, Mushrooms,
Aromatic Tarragon, White Wine, a Dash of Mustard, Seasonings & Fresh Cream, Served with Rice

VEGETARIAN PASTA (V) £11.50

Pan Cooked Vegetable Medley, with Penne Pasta Tossed in Fresh Tomato & Garlic Sauce
Served with Battered Fresh Onion Rings

SWEET & SOUR CHICKEN £10.95

Individual Fresh Chicken Fillets, Golden Battered & Deep Fried,
Served Covered in Tangy Sweet & Sour Sauce & with Freshly Cooked Rice

MAIN COURSES
The Bull's Head Classics

PORK FILLET MEDALLIONS	£12.95	KETTLE OF ROAST FISH	£13.95
3 Lean Fresh Pork Fillet-Medallion Escalopes on Soft Potato Crumble Topped with Roast Onions, Coated with a Deliciously Dark Madeira, Dijon & Apple Gravy		Fresh Fillet Cuts of Salmon, Cod and Haddock, Butter Roasted and Served on Rice and Stir Fry Vegetables with a Deliciously Tangy Hoi-Sin and Plum Sauce	
THAI GREEN CHICKEN CURRY	£11.95	LAMB DEVONSHIRE	£13.95
A Fresh Tasting Light and Creamy Curry Sauce Enhanced with Onions Green Peppers Coriander and Coconut Milk, Served with Rice and Naan Bread		A Generous Chunk of Lamb on the Bone, Oven Braised for Quite Some Time. Served with a Rich Redcurrant and Rosemary Gravy	
CHICKEN OR PRAWN CREOLE	£12.50	BROCCOLLI CREOLE (V)	£11.50
A Delicious Pan Sauté of Chicken OR Prawns, Onions, Tomatoes, Mushrooms, Red and Green Peppers, Spiced with Chillies, Black Pepper, Cajun Seasoning and Fresh Coriander, Served with Rice & Naan bread		A Delicious Pan Sauté of Broccoli, Onions, Tomatoes, Mushrooms, Red and Green Peppers, Spiced with Chillies, Black Pepper, Cajun Seasoning and Fresh Coriander, Served with Rice & Naan Bread	
BEEF STROGANOFF	£13.95	FISH & CHIPS	£10.50
Strips of Prime Beef Fillet, Sautéed with Onions, Mushrooms, Brandy, White Wine, Seasonings, Fresh Cream and Aromatic Herbs-Served with Freshly Cooked Rice		Fresh Haddock Deep Fried in Golden Batter, Served with Chips & Either Mushy or Garden Peas Fresh Traditional Food at its Best	
BISTRO RUMP STEAK	£15.95	BEEF LASAGNE	£8.95
An Expertly "Centre Cut" Tender Rump Steak, Exclusively Different & Tasty. Cooked to Your Liking and Served with Tomato and Mushrooms		Home-made Lasagne Surrounded with Tomato and Basil Sauce, Sprinkled with Cheddar Cheese and Oven Baked, Served with Salad and Chips	
8oz SIRLOIN STEAK	£14.95	WHOLETAIL SCAMPI	£8.95
Cooked to Your Liking and Served with Tomato and Mushrooms		Golden Fried Scampi in Natural Breadcrumbs, Served with Chips, Salad and Tartare Sauce	
10oz BEST LAKELAND STEAK	£12.95	HOME-MADE STEAK PIE	£9.95
A Prime Beef Steak, Cooked to Your Liking and Served with Tomato and Mushrooms		Tender Pieces of Steak Simmered to Produce Rich Gravy, Topped with a Hand-Made Short Crust Pastry	
GAMMON STEAK	£10.95	SALMON CHUNK	£13.95
A Thick Cut, Whole Scallop of Ham, Grilled to Perfection Served with Two Eggs or Fresh Pineapple		A Generous Fillet of Fresh Salmon, Gently Poached and Coated with a Creamy Sun-Dried Tomato Sauce	
ROAST HADDOCK	£13.50	SPINACH & RICOTTA CANELLONI(V)	£8.95
Fresh Haddock Fillet, Butter Roasted and Served on Fresh Potato Mash, Coated in a Creamy Cheddar Cheese Sauce		Tender Pasta Stuffed with Creamy Ricotta Cheese and Spinach, Baked with Lashings of Fresh Tomato and Basil Sauce, Topped with Cheddar Cheese. Served with Salad and Chips	
CHICKEN BUNDLE	£11.95		
A Boneless Chicken Breast with a Cheddar Cheese, Fresh Cream, Garlic, Mushroom and Bacon Sauce			

SIDE ORDERS

House Salad	£2.95	Sauté Mushrooms	£2.95
Individual Dish of Chips	£2.50	Home-made Creamy Pepper Or Diane Sauce	£1.95ea
Home-made Crispy Onion Rings	£2.75		